



SANDWICH PUBLIC SCHOOLS



SANDWICH PARTNERSHIP FOR FAMILIES

ALWAYS FUN, ALWAYS FREE PUBLIC PROGRAMS OF
THE SANDWICH PUBLIC SCHOOLS OPEN TO ALL FAMILIES WITH YOUNG CHILDREN

Late Winter Newsletter



WE SURVIVED!

We're almost out of the woods for this cold and flu season and I can personally say that I am excited for spring to come sooner rather than later. This season we have all experienced so many sniffles and fevers that I am sure we can all look ahead with excitement for warmer days (even if it is only in the 40s) and longer sunlight which is just around the corner.

We continue to offer free resources and supports to families through playgroups, mommy and me groups, Ages and Stages Questionnaires, referrals and parenting workshops. Please check out our schedule of activities along with our March Parenting Workshop information below.

And as always, if you or your family has questions, needs help or supports please do not hesitate to reach out!

Late Winter Programming

Programs will begin March 3rd and end April 18th; click below to register; a waitlist will be created once programs meet their capacity. All programs will be held at Sand Hill-16 Dewey Ave., Sandwich.

Yoga with Miss Britt

Mondays at 9:30 **OR** 10:30 for Yoga with Miss Britt. Join Miss Britt and move your body with us!
Come learn about your body while waking up and stretching your imagination.

Drop-in Playgroup

Join Miss Lea for a drop-in playgroup every Tuesday and Wednesday between 9:30-11am. Come enjoy free play and time to connect with other families.

Little Artist

Join Miss Lea every other Tuesday starting March 11th at 12:30 for a story spotlight on a different artist followed by an art activity that mimics that artist's expertise. Feel free to come at 12:15 to enjoy your lunch before you get creative. This group will meet every other Tuesday (3/11, 3/25 and 4/8) and is recommended for children 3 years and older, but younger siblings are welcome.

Play and Learn in Sandwich (PALS)

Join Miss Becca and Miss Lea for songs, stories and play **Thursday or Fridays**. Be ready to have some fun, this group starts with a story and songs followed by art activities and sensory play. Thursday's 10am group is geared to **all ages** while Friday's 9:30 group is geared to **3 year olds and younger**, and our Friday 10:45 group is geared today's **3 year olds and older**.

Story Walk and Extensions at the Library

Visit the Sandwich Public Library to enjoy a Story walk! Use the QR code on the last page of the book to see extension activities and crafts. New story walks are up around the 1st and 15th of each month. Enjoy our first story *Where is My Teddy*.

[Click to Register](#)

Sandwich Preschool Partnership



The Sandwich Preschool Partnership is a collaboration between the Sandwich Public School and all private, community-based preschools in Sandwich. When you partner with the Sandwich Preschool Partnership you are able to receive FREE professional development for staff, FREE food support to families, FREE special supports for children and other programmatic supports to ALL child care programs that are interested.

Please ask your child care provider if they are a part of the Sandwich Preschool Partnership and if not, please have them contact Lauren Galvano (lgalvano@sandwich.k12.ma.us) to learn how to join!

Learn More About Your Child's Development

Have Concerns or Questions About Your Child's Development?

Join us for fun and engaging activities designed for young children ages 2.9-3 years old. Wednesday mornings (March 5th, 12th, 19th and 26th) from 10-11am, in our Sandwich Integrated Preschool at the Forestdale School. Your child will have the opportunity to play with peers while you ask questions of the Integrated Preschool Teachers and the Sandwich Preschool Partnership's Team of special educators. Have questions? Email Suzanne Perdigao at sperdigao@sandwich.k12.ma.us



Community Activities

Stop by the **Sandwich Public Library**, for toddler and preschool story times starting in March. Visit their [website](#) for a full calendar of events including winter family movie afternoon on March 15th!



Visit the Sandwich Recreation Department's [website](#) for information for summer programming! See what great programs our recreation department has to offer!



Join us March 13, 6 - 7:30pm via zoom for our Cape & Islands Social-Emotional Learning Parenting Workshop Series: Parenting is Hard, Part 2 with Jeanine Fitzgerald.

During this workshop Jeanine will help to set your family up for success, making mornings easier, bedtimes predictable and your

days more enjoyable!

This second workshop is an extension of the workshop from November, *Parenting is Hard*. You do not need to attend the first session to attend the second, but it is encouraged. If you missed the November workshop, email Pauline at croninp@npsk.org to receive the recording.

Family Resources

Struggling with bills, food costs, mortgage or rent? Dial 211 for assistance with any basic need or social service inquiry, including mental health resources, will get you a live operator who will work with you to track down help in your community.

Your CFCE specialists are also here to help you connect with the nice people at WIC, Housing Assistance, A Baby Center, Mobile Dental-just to name a few. All inquires are kept confidential!

Prefer a searchable database? Try this great resource through the [Children's Trust Fund](#)-just type in your zip code and get local results!





**Department of
Early Education and Care**

The Commonwealth of Massachusetts



Lauren Galvano

Sandwich Preschool Partnership and Partnership for Families



Contact

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