



ALWAYS FUN, ALWAYS FREE PUBLIC PROGRAMS OF THE SANDWICH PUBLIC SCHOOLS OPEN TO ALL FAMILIES WITH YOUNG CHILDREN

# **January Newsletter**



HAPPY NEW YEAR!! We hope you all had a wonderful, maybe relaxing, holiday and are ready to get back to what we like to do most...play!

This month we will be hosting our **Preschool Snow-Case** at the Forestdale School on Saturday, January 25th 10am-1pm. This

event will include child care programs in Sandwich and will allow families to meet the different providers. We hope this is a great event for families to see all the options available for child care in our great Town!

We will be continue to offer free resources and supports to families through playgroups, Ages and Stages Questionnaires, referrals and parenting workshops. Please check out our schedule of activities along with our January Parenting Workshop information below.

And as always if you or your family need help or support please do not hesitate to reach out!

### Sandwich Preschool Snow-Case!

Please join us for the Sandwich Preschool and Family Care Provider "Snow-Case"! This informational event will take place Saturday, January 25th 10-12pm at the Forestdale School's multipurpose room (enter through main entrance).

Participating are over 20 of Sandwich's preschool centers and family care providers who will feature each of their hours, rates, capacities, vacancies and how to register. Children are encouraged to attend and engage with a variety of crafts, games, and activities organized by each provider as well as the Sandwich Preschool Partnership for Families.

### **January Programming**

**Programs will begin January 6th and end February 14th;** click below to register; a waitlist will be created once programs meet their capacity. All programs will be held at Sand Hill-16 Dewey Ave., Sandwich.

#### Yoga with Miss Britt

Mondays at 9:30 OR 10:30 for Yoga with Miss Britt. Join Miss Britt and move your body with us! Come learn about your body while waking up and stretching your imagination.

#### Drop-in Playgroup

Join Miss Lea for a drop-in playgroup every Tuesday and Wednesday between 9:30-11am. Come enjoy free play and time to connect with other families.

#### **Little Artist**

Join Miss Lea every other Tuesday starting January 14th at 12:30 for a story spotlight on a different artist followed by an art activity that mimics that artist's expertise. Feel free to come at 12:15 to enjoy your lunch before you get creative.

#### Play and Learn in Sandwich (PALS)

Join Miss Becca and Miss Lea for songs, stories and play Thursday **OR** Friday at 10am. Be ready to have some fun, this group starts with a story and songs followed by art activities and sensory play.

#### Story Walk and Extensions at the Library

Visit the Sandwich Public Library to enjoy a Story walk! Use the QR code on the last page of the book to see extension activities and crafts. New story walks are up around the 1st and 15th of each month. Enjoy our first story *Time to Sleep!* 

### **Click to Register**

### Sandwich Preschool Partnership

**The Sandwich Preschool Partnership** is a collaboration between the Sandwich Public School and all private, community-based preschools in Sandwich. When you partner with the Sandwich Preschool Partnership you are able to receive FREE professional development for staff, FREE food



how to join!

support to families, FREE special supports for children and other programmatic supports to ALL child care programs that are interested.

Please ask your child care provider if they are a part of the Sandwich Preschool Partnership and if not, please have them contact Lauren Galvano (<u>lgalvano@sandwich.k12.ma.us</u>) to learn

## Learn More About Your Child's Development

Have Concerns or Questions About Your Child's Development? Join us for fun and engaging activities designed for young children ages 2.9-3 years old. Wednesday mornings (January 8th, 15th, 22nd and 29th) from 10-11am, in our Sandwich Integrated Preschool at the Forestdale School. Your child will have the opportunity to play with peers while you ask questions of the Integrated Preschool Teachers and the Sandwich Preschool Partnership's Team of special educators.



### **Community Activities**

Stop by the **Sandwich Public Library**, for toddler and preschool story times starting January 29th. Join Kathy Gattoni Thursdays for Music, Wiggles and Giggles! Check out their <u>calendar</u> for all up coming events!



Registration is open for the **Sandwich Recreation Department's** Parent & Me Open Gym on Wednesdays! This program is open to children ages 6 months - 5 years old and is held in the Gyn at the Center for Active Living. Visit their <u>website</u> for registration information!



Join us January 29th 7-8:30pm via zoom for our Cape & Islands Social-Emotional Learning Parenting Workshop Series: Tips and Tricks for Managing Your Child's Transitions with Mary Wilson. Is your child having a hard time stopping and moving on to the next activity? Is transitioning to bedtime or meal time difficult? In this

interactive workshop, Early Education Consultant Mary Wilson will share tips and tricks for establishing smooth transitions with your child at home. With time to ask questions and connect with other caregivers, participants will gain confidence and create a stronger bond with their children. Keep an eye out for registration information later this month.

### **Family Resources**

**Struggling with bills, food costs, mortgage or rent?** Dial 211 for assistance with any basic need or social service inquiry, including mental health resources, will get you a live operator who will work with you to track down help in your community.

Your CFCE specialists are also here to help you connect with the nice people at WIC, Housing Assistance, A Baby Center, Mobile Dental-just to name a few. All inquires are kept confidential!

**Prefer a searchable database?** Try this great resource through the <u>Children's Trust Fund</u>-just type in your zip code and get local results! **New Baby in the House?** We are lucky to live on the Cape, where



there are many opportunities for support-both in person and virtually. Do not miss the chance to register for 3 FREE doula visits, sponsored by Cape Cod Healthcare. Contact Krista Sullivan of Monumental Beginnings at 508.289.1185 for more information or <u>click here to register</u>.

